

Syllabus for Math 15 (v3960) "Introduction to Statistics"

Course Information

Semester & Year:	Summer 2022			
Course ID & Section #:	Math 15 v3960 Introduction to Statistics			
Instructor's name:	Tami Matsumoto			
Day/Time of required meetings:	This class is entirely online and asynchronous.			
	There are no required class meetings.			
Location:	Online, in Canvas at https://redwoods.instructure.com/courses/14755			
	with optional online sessions in Zoom at https://cccconfer.zoom.us/			
Number of proctored exams:	1 or 2 (see below)			
Course units:	Math 15 is 4 units Lecture			
Instructor Contact Information				
Office location:	Working From Home [formerly: Room SC205B, Eureka campus]			
Office hours:	Tuesdays and Thursdays 1-2pm and by appointment			
Phone number:	707.476.4543			
Email address:	Use Canvas "Inbox" messaging (preferred)			
	or email tami-matsumoto@redwoods.edu			
	(With email, include " <mark>Math15 v3960</mark> " as part of the email subject line)			

Catalog Description

Math 15 "Introduction to Statistics" From Math 15 Course Outline of Record 11.09.18:

An introduction to basic concepts of descriptive and inferential statistics, with emphasis on the meaning and use of statistical significance. Students will use probability techniques to make decisions via hypothesis testing and will estimate parameters using confidence intervals. The course includes applications from a variety of technical and social science fields.

NOTE: A TI-83 or TI-84 graphing calculator is required. The MATH-15S support course is strongly recommended to take concurrently for students without previous mathematical experience in courses such as Algebra II or Pathway to Statistics.

Course Student Learning Outcomes (from course outline of record)

Math 15 "Introduction to Statistics"

- 1. Accurately communicate statistical ideas using correct statistical notation, graphs, and vocabulary.
- 2. Use descriptive and inferential statistics to better understand real-world problems.
- 3. Demonstrate appropriate use of technology in making decisions based upon real-world data.
- 4. Read and interpret information that contains statistical analysis and be able to communicate these results.
- 5. Judge the validity of research reported in the mass media and peer reviewed journals.

Prerequisites/co-requisites/ recommended preparation

Pre-requisite: Completion of Intermediate Algebra or appropriate placement based on AB 705 mandates.

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or <u>Disability Services and Programs for Students</u> (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

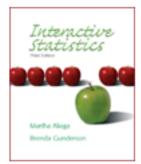
- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Part II: Course-Specific Information

Required Materials

Textbook	
Textbook title:	Interactive Statistics, 3 rd Edition
Edition:	3 rd edition (original version or "Classic" version)
Author:	Aliaga & Gunderson
ISBN:	Original version: ISBN-13: 978-0-13-149756-6 "Classic" version ISBN-13: 978-0-13-499546-5



Other requirements: [materials, equipment, technology skills]

- Graphing Calculator: A TI-83 or TI-84 graphing calculator is required.
 NOTE: A limited number are available for check-out (for free this semester)
- **Computer**: You will need reliable access to a computer (laptop or desktop) to complete the work for this class.
- **Camera/Scanner:** A digital camera, scanner, smartphone or other device capable of taking photos that can be converted to PDF format so that you can submit your written work.
- Webcam: You may need a webcam for submitting your Reference Book and possibly for proctored exams using Proctorio. Many computers have a built-in webcam; if yours does not, you will need to purchase (or borrow) a webcam. There are inexpensive options available that plug into a USB port
- Bound Notebook with Grid Paper: Something like Roaring Spring #77475 or Ampad #26-251 (about \$2 \$6), for example. It should be bound and have graph paper in it. You will use this throughout the course to build yourself a reference book.
- Internet Access: For email (using your "mycr.redwoods.edu" account) and for Canvas, in particular.

- Time: Plan on devoting Lots!! This Math 15 class involves a lot of reading, a lot of thinking, and we will have some data projects, too. Since Math 15 is a 4-unit Lecture course, as defined in the College Catalog, students should expect this course to take a total of 216 hours of effort (averaging about 27 hours per week for the 8-week Summer session). In particular this summer, we don't quite have the full 8 weeks, so we will need to move at a rate faster than twice the rate in a regular semester. To be successful, it is strongly recommended that you arrange your schedule to devote 20 to 30 hours (per week) for this Math 15 class. You should also plan to participate regularly in optional weekly Question-and-Answer sessions and/or Office Hours (via web conferencing, using Zoom). Important Note: *The book has about 1000 pages!*
- Zoom Account: We will use Zoom for our "office hours," appointments, and Q&A Sessions. To participate in our Zoom sessions, you must sign up for a free account using your "@mycr.redwoods.edu" email address at https://cccconfer.zoom.us/
- Engagement and Participation: Math 15 is a very difficult course and requires your full attention. We will also incorporate group work and discussion. It is vitally important that all students are not just "present," but fully engaged and actively participating in the class *at all times*. To be "fully engaged" it is vital that you log in to Canvas regularly to see Announcements and other communication.
 - If you anticipate that you will not be able to participate and check the class in Canvas regularly (at least every day or 2) for the full term, then you should not take this class. Or if you anticipate that you will not be able to do groupwork online collegially and collaboratively with your classmates, respecting everyone's ideas, and treating everyone with kindness and consideration throughout the whole semester, then you should not take this class.
 - Furthermore, if your preference is to read a textbook, take notes, do a bunch of math problems on your own, check the answers in the back of the book, and repeat, then this class is not a good fit for you.
- Perseverance: This is a very demanding course. The nature of the course (the material and time demands) requires that students work through confusion and adversity in order to succeed in this class. It will be daunting at times, so it is crucial that you seek help when you need it or, preferably, *before* you really need it.
- **Support System**: Since the course is very demanding and time-consuming, to be successful, students must have support outside of this class. Ideally this would include adequate quiet space to work, time and people who can help you study, along with time and people who can help create areas of your life within which you can work and study on your own. Some obstacles students have encountered in online classes have to do with difficulties focusing on coursework not only do people experience distractions from other aspects of life (work, family responsibilities, and more), but there is also a feeling of isolation, since we do not meet together face-to-face. If your current life situation does not already have a support system built into it, then it is *even more important* to create connections with others in our class and at the college.

Evaluation & Grading Policy

Final Course Grade for Math 15

Requirements for "A/A-" (Must meet all benchmarks on this list for an A or A-):

- Assignments*: complete at least 90% of problems in a legible, satisfactory way;
 - Advanced Assignments: have good work done on at least three-fourths of "Advanced" problems.
- Reference Book: Create your own excellent Statistics Reference Book with Title Page, all or most topics covered with a corresponding Table of Contents.
- Exams/Quizzes: at least 85% average
- Data Projects: at least 90% average

Requirements for "B-/B/B+":

- Assignments*: complete at least 80% of problems in a legible, satisfactory way;
 - "Advanced" Assignments: have good work done on at least one-third of "Advanced" problems.
- Reference Book: Create your own good Statistics Reference Book with Title Page, majority of topics covered with a corresponding Table of Contents.
- Exams/Quizzes: at least 75% average
- Data Projects: at least 80% average

Requirements for "C-/C/C+":

- Assignments*: complete at least 70% of problems in a legible, satisfactory way
- Reference Book: Create your own basic Statistics Reference Book.
- Exams/Quizzes: at least 65% average
- Data Projects: at least 70% average

Requirements for "D":

- Assignments*: complete a majority of problems in a legible, satisfactory way
- Reference Book: Create your own Statistics Reference Book.
- Exams/Quizzes: at least 50% average
- Data Projects: at least 60% average

For determination of +/- course grades, the entire class spread will be considered at the end of the term. * "Assignments" will include problems from the textbook along with other assignments posted in Canvas.

IMPORTANT: Canvas does not have the capability of showing you your "overall grade" throughout the semester (*I really wish that it could do that*!). You can see your grades on individual items in Canvas under "Assignments" and under "Grades" – and these can be set up to be grouped by Assignment Type (so, for example, you can group all the Quizzes and Exams together to see how you are doing overall with Quizzes and Exams).

About Due Dates listed in Canvas:

Each assignment will have a Canvas "due date" associated with it.

- You should aim to finish the assignment by the due date, but, if you have questions when the due date arrives, please get help and then finish up the assignment and turn it in later (with no late penalty).
- Any work that is returned to you for revision will have revised "due dates" (and will not be considered "late"). Revising may result in an improved grade. Revising is optional.
- Thursday July 21, 2022 is the last day to submit any work.

Class participation policy

Class Participation — It is extremely important that you participate in the class regularly by checking and participating actively in Canvas (every day or two), and by communicating right away if any problems or difficulties arise. You should also plan to pop in regularly and participate in an Office Hour or a Q&A session (via web conferencing, using Zoom) to keep in touch and keep up. We cover 15 chapters and it's nearly 1000 pages! That's about 140 pages per week, on average. **If a week or more goes by without any participation from you, you might be dropped from the course.**

IMPORTANT NOTE: Since this class is taking place amid a pandemic, I understand that many of you may have unexpected and unplanned-for responsibilities (e.g., child care, or additional shifts at work). Under these circumstances, I am willing to be flexible about "regular" participation, <u>as long as you</u> <u>communicate with me</u> so that we can work together to help you succeed.
Please understand, though, that if you fall too far behind, it will be extremely difficult to catch up. (Picture running after a speeding bus!)

Sometimes collaboration via small-group work will be assigned, and you will be expected to collaborate collegially and respectfully, and also will be responsible for completing your own work. We will also have discussions (using Canvas Discussion Forum), and you are expected to participate both as an active "listener" and as a contributor, each time. Participation in this densely-packed class is essential for your success! I plan to record activity each day and note who are and are not participating. If you have an issue that prevents you from participating for more than 2 days in a row, please advise me of that (I do not need details), and let me know your "recovery plan" so that you don't lose out on too much information.

Communication Guidelines

For YOU to communicate with ME:

- Canvas "Inbox" messages are preferred. <u>Please include a Subject Line that is clear and informative</u>.
- Email is also an option. Please include "Math 15 v3960" as part of your subject line, *along with* words that convey the topic of the message clearly.
 - With either method, the more detail you can provide, the better the response I can give you.
 - Please also know, though, that these methods are not completely reliable; if you have not gotten a response the same day (or within 24 hours), please re-send your message using a different method (so if you sent a Canvas message, try email next).
- Your Canvas "Journal" Assignments will be another way to communicate privately.
- Canvas Chat is sometimes a good option. If you and I are in Canvas at the same time, we can chat backand-forth quickly and easily using Canvas Chat. Keep in mind that the Chat messages are visible to everyone in the course, whereas Canvas Messages and email messages are more private.
- Zoom. We will use Zoom for "office hours," "office" appointments, and Question-and-Answer sessions. Anyone can "drop in" during Zoom "office hours." Appointments can be reserved using the Appointment scheduler in the Canvas calendar (or by other prior communication) to meet with me outside of regularly-scheduled office hours.
- Phoning is also fine, but if you left a voicemail and have not gotten a timely response, please try another method (such as Canvas messaging) because often voicemail messages are difficult to hear clearly (sometimes due to cell phones and locations at the time of the call).

For ME to communicate with YOU:

- Canvas Announcements. To disseminate information to the entire class at once, I will generally post an Announcement in Canvas. Please check Canvas Announcements regularly. You can revise your Notification Settings in Canvas to get an Announcement when and where you think will work best for you. (On the phone app, keep an eye out for the "bullhorn" icon.)
- Canvas "Inbox" Messages. I might also send a Canvas "message" to the entire class, with more pressing information. You can select how and where you would like to receive Canvas messages by changing Notification Settings in Canvas (look for "Notifications" under your profile). Canvas messages can be sent to your personal email, if you prefer, for example.
- Email. I expect you to have access to email and I expect to be able to contact you easily. The College uses your "mycr.redwoods.edu" email address to communicate with you so it is important that you receive those email messages and check your CR email inbox regularly. Note that you can set up your redwoods email to autoforward to another email address if you would like. Instructions for autoforwarding are available online. See

https://redwoods.instructure.com/eportfolios/222/Resources_for_Students

For YOU to communicate with Each Other:

- Canvas "Inbox" Messages: You can send a message to any classmate
- Canvas Chat: This is really helpful for people when they are working in Canvas at the same time
- Canvas Discussion Fora
- Zoom session. Any of you can set up a Zoom session and invite others to meet with you online (you don't need me to be there).

NOTE: Student privacy rights: legal rights of students **prevent information from being disclosed to anyone** (including parents/guardians) without the student's prior written consent.

Class content

<u>Class Content</u>: The course material is organized into five Learning Units, with three chapters in each At the end of each Unit, there will be a Unit Exam. Some Unit Exams will be timed and will generally be available on more than one day, to be completed by 11:59pm on the Due Date. Some Unit Exams will be "take-home" (untimed but with firm due dates/times).

Unit	Chapter Titles, pages	Tent. Unit dates
1	Chapter 1: How to Make Decisions with Statistics (pp 1-52, 62-66)	Unit 1:
	Chapter 4: Summarizing Data Graphically (pp 211-284)	tentatively 5/31-6/9
	Chapter 5: Summarizing Data Numerically (pp 299-333, 344-5)	
2	Chapter 6: Using Models to Make Decisions (pp 357-397)	Unit 2:
	Chapter 7: Probability (pp 409-439, 454-470, 478-489)	tentatively 6/9-6/19
	Chapter 2: Sampling Designs (pp 83-135)	
3	Chapter 8: Sampling Distributions (pp 499-545, 555-7)	Unit 3:
	Chapter 9: Making Decisions About Population Proportions (pp 563-594, 602-7)	tentatively 6/20-6/29
	Chapter 10: Making Decisions About Population Means (pp 613-33, 639-53, 657-8)	
4	Chapter 3: Observational Studies & Experiments (pp 145-196)	Unit 4:
	Chapter 11: Comparing Two Treatments (pp 669-727)	tentatively 6/30-7/8
	Chapter 12: Comparing Many Treatments (pp 743-761, 791-3)	
5	Chapter 13: Regression Analysis (pp 807-901)	Unit 5:
	Chapter 14: Analysis of Count Data (pp 921-966)	tentatively 7/8-7/18
	Chapter 15: Nonparametric Statistics (pp 977-1002)	
1-5	Comprehensive Final Exam on Units 1-5 in Final Week	Final Exam will be
		due Thursday July 21

Basic Workflow Plan:

Learning Units:

Each Learning Unit has three chapters from the book, and will end with a Unit Exam. The chapters will be covered in a <u>different</u> order than the way they are presented in the book. Each Unit will be presented in small Lesson "chunks" (with Lessons in Modules) with the goal of making the "chunks" more manageable and less overwhelming. So there will be several Modules to complete each Unit. (Unfortunately, though, Canvas does not have a built-in way to group a set of Modules together.)

Canvas Modules:

The main organization of the course will make use of <u>Modules</u> in Canvas. Each module will be organized with the expectation that you will start at the beginning, and move on to the "next" item, following along in sequence. Each module should be "completed" before you begin the next module. Modules will generally include *Lessons* that guide you through the textbook, interspersed with "Let's Do It" activities, short *quizzes*, and *homework* assignments.

Reference Book:

You will work on your own Statistics Reference Book throughout the course. The goal is for you to have information, in your own words, and with your own examples, organized in such a way as to be useful to you *after this course is over*. It should also help you to get through the class, but your Reference Book should be made as a gift to your future self. My hope is that, when statistical matters come up in your other courses, and in your careers, even if you don't remember everything from this class clearly, you will have this resource, in a handy place, where you can reach for it, find the information you need – written in your own words – to remind you how things work or what things mean. <u>Your Reference Book is the single most important thing you will get</u> **out of this course!**

There will be a couple "checkpoints" where I will want to see how you are doing on this, but the final grading for the Reference Book will be at the end of the semester.

Data Projects:

We will have a few short Data Projects interspersed with our Learning Units. The goal of these is for you to go make use of what we are learning in the book, but with data that you come up with yourself. I hope this will help you get a better understanding of how statistics is used, and by finding your own data, you get to go through more of the process (rather than just using data that is provided in the book).

Canvas Information

We will use Canvas as a "home base" for everything in this online class. In particular, you should check regularly (every day or every other day) for assignments, announcements, and other communication. For tech help, email <u>its@redwoods.edu</u> or call 707-476-4160

Technology skills, requirements, and support

Technology skills

Tech equipment and skills are required for student success, and of equal importance as required textbooks and materials.

Necessary Computer Skills: Online courses require proficiency with computer skills. It is necessary that you have the ability to use Canvas effectively and to receive and respond to emails and Canvas messages in a timely manner. You must be able to:

- navigate the course Learning Management System (Canvas) effectively,
- receive and respond to Canvas messages and to your CR email in a timely manner,
- use a word processor (such as Microsoft Word),
- take images of written work and convert images to pdf format, and
- download files from Canvas and upload files to Canvas.

While it is ultimately your responsibility to meet the technological demands of the course, the college offers some resources, and it will be imperative for you to ask for help when you need it.

NOTE: Students can obtain a free Office 365 license (includes Word, Excel, PowerPoint and more) with a valid CR email.

Computer & Internet Requirements:

The class is designed with the expectation that you have reliable access to a computer (laptop or desktop) – see note below about smartphones/tablets. You should have high-speed internet (such as broadband) service from cable, DSL, or a satellite provider because there are videos that require this speed. You will need to have reliable access to the internet for the duration of the course. Remember that there can be unexpected problems with technology, including your computer and/or internet access (and/or power outages) so please plan to allow enough time for submission of assignments. Even when everything is working properly, it can take longer than expected (and longer than it seems like it really should) to log in to Canvas, get to the correct page for an assignment, and upload a file, so please don't wait till the last minute. It is your responsibility to meet class deadlines.

Hardware Requirements -- Portable Devices vs. Computers:

- Computers: You should plan on doing the majority of your work (especially completing exams and submitting assignments) from a reasonably recent-model notebook or desktop computer (Mac or PC). Do NOT plan to participate in this class solely from a portable device.
- Mobile/Portable Devices: Although you can use late-model portable devices (such as Android or iOS phones & tablets) for some things, you should plan on doing the majority of your work (especially exams and assignments) from a reasonably late-model notebook or desktop computer (Mac or PC). Do NOT plan to participate in this class solely from a portable device.
 - If you do decide to use your portable device for some of your class work, use the free Canvas app (look for "Canvas Student" or "Canvas by Instructure") which is available in iTunes (for iOS) and the Play Store (for Android).
 - If you try to use Canvas on a mobile phone or tablet, in some cases Canvas will work better using the app – but in other cases, you will have better success using a web browser. Either way, keep in mind that the Canvas app does not include all the same features as the web-based version, so for the best experience, use Canvas online on a laptop or desktop computer.

Webcam: You will need a webcam for videos and proctored exams using Proctorio (see below). Many computers have a built-in webcam; if yours does not, you will need to purchase (or borrow) a webcam. There are inexpensive options available that plug into a USB port.

Calculator: TI-83 or TI-84 graphing calculator is required. NOTE: A limited number are available from the CR Library, that you can check out once to use the entire semester.

Technical Support: Before contacting Technical Support please visit <u>https://www.redwoods.edu/online/</u>. For password issues with Canvas, Web Advisor or your mycr.redwoods.edu email, contact <u>its@redwoods.edu</u> or call 707-476-4160 or 800-641-0400 ext. 4160 between 8:00 A.M. and 4:00 P.M., Monday through Thursday.

Proctored Exams:

One or more exams in this class may be proctored through Canvas via an online (virtual) proctoring system such as "Proctorio" (or by an alternate arrangement with me), and may use a webcam to record you taking the exam and video the room you are in. Suspicious behaviors may be tagged for later review by me.

Gender-Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. CR encourages all instructors and students to use language that is gender-inclusive and non-sexist to affirm and respect how people describe, express, and experience their gender. Just as sexist language excludes women's experiences, non-gender-inclusive language excludes the experiences of individuals whose identities may not fit the gender binary, and/or who may not identify with the sex they were assigned at birth. Gender-inclusive/non-sexist language acknowledges people of any gender (for example, first year student versus freshman, humankind versus mankind, etc.), affirms non-binary gender identifications, and recognizes the difference between biological sex and gender expression.

Part III: Institutional Information

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or <u>Disability Services and Programs for Students</u> (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Evaluation & Grading Policy

[Should include info such as final grade calculations, rubrics, late assignment policy, and other grading practices]

Admissions deadlines & enrollment policies

Summer 2022 Dates (at this link: https://www.redwoods.edu/admissions/dates)

- This Class begins: 5/31/2022
- Last day to add this class: 6/9/2022
- Last day to drop without a W and receive a refund: 6/9/2022
- Census date (or 20% into class duration): 6/10/2022
- Last Day to file P/NP (only courses where this is an option) 6/17/2022?
- Last day to petition to graduate or apply for certificate 6/30/2022 (last Thursday in June)
- Last day for student-initiated W (no refund): 7/1/2022
- Last day for faculty-initiated W (no refund): 7/1/2022
- Final examinations: 7/21/2022
- Semester ends: 7/21/2022
- Grades available for transcript release: approximately 8/1/2022

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the <u>College Catalog</u> and on the <u>College of the Redwoods website</u>.

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the <u>College Catalog</u> and on the <u>College of the Redwoods website</u>.

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact <u>Admissions</u> <u>& Records</u> to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the <u>Student Information Update form</u>.

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.

Log into Canvas at https://redwoods.instructure.com

Password is your 8 digit birth date

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas Help for students: https://webapps.redwoods.edu/tutorial/

Canvas online orientation workshop: Canvas Student Orientation Course (instructure.com)

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges <u>Health & Wellness website</u>.

<u>Wellness Central</u> is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email <u>counseling@redwoods.edu</u>.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <u>https://webadvisor.redwoods.edu</u> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or <u>security@redwoods.edu</u> if you have any questions. For more information see the <u>Redwoods Public Safety Page</u>.

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Del Norte Campus Emergency Procedures

Please review the <u>Crescent City campus emergency map</u> for campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information, see the <u>Redwoods Public Safety</u> <u>Page</u>.

Eureka Campus Emergency Procedures

Please review the <u>campus emergency map</u> for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the <u>Redwoods Public Safety Page</u> It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

- 1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
- 2. Dial 911, to notify local agency support such as law enforcement or fire services.
- 3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
- 4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
- 5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
- 6. If safe to do so, notify key administrators, departments, and personnel.
- 7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Klamath Trinity Campus Emergency Procedures

Please review the responsibilities of, and procedures used by, the College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to communicate to faculty, staff, students and the general public during an emergency. It is the responsibility of College of the Redwoods, Klamath-Trinity Instructional Site (KTIS) to protect life and property from the effects of emergency situations within its own jurisdiction.

- 1. In the event of an emergency, communication shall be the responsibility of the district employees on scene.
 - a. Dial 911, to notify local agency support such as law enforcement or fire services.

- b. If safe to do so, notify key administrators, departments, and personnel.
- c. If safe to do so, personnel shall relay threat information, warnings, to ensure the school community is notified.
- d. Contact 530-625-4821 to notify of situation.
- e. Contact Hoopa Tribal Education Administration office 530-625-4413
- f. Notify Public Safety 707-476-4111.
- 2. In the event of an emergency, the responsible district employee on scene will:
 - a. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet.
 - b. Lock all doors and turn off lights if in lockdown due to an active shooter or similar emergency.
 - c. Close all window curtains.
 - d. Get all inside to safe location Kitchen area is best internal location.
 - e. If a police officer or higher official arrives, they will assume command.
 - f. Wait until notice of all is clear before unlocking doors.
 - g. If safe to do so, move to the nearest evacuation point outside building (Pooky's Park), directly behind the Hoopa Tribal Education Building.
 - h. Do not leave site, unless it has been deemed safe by the person in command. Student Support Services (required for online classes)

Student Support Services

The following online resources are available to support your success as a student:

- <u>CR-Online</u> (Comprehensive information for online students)
- Library Articles & Databases
- <u>Canvas help and tutorials</u>
- Online Student Handbook

<u>Counseling</u> offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- <u>Academic Support Center</u> for instructional support, tutoring, learning resources, and proctored exams. Includes the Math Lab & Drop-in Writing Center
- <u>Library Services</u> to promote information literacy and provide organized information resources.
- <u>Multicultural & Diversity Center</u>

Special programs are also available for eligible students include

- <u>Extended Opportunity Programs & Services (EOPS)</u> provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in <u>Eureka</u> or in <u>Del Norte</u>
- The <u>Veteran's Resource Center</u> supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

Some Final Thoughts: Be Kind. We are all in this together.

These are difficult times for all of us, with many unknowns, for the unforeseeable future. Please remember that everyone is doing their best and we are all stressed and struggling with this class along with many other aspects of life.

Be patient. Be kind. Care for one another and we can all help each other get through this difficult class.

For many of us, online classes are new, and we are learning as we go. Also, many of us are encountering new technology that we are not familiar with. Be patient. Ask for help when you need it. And we will be revising and adapting as we go along and as we learn what works and what doesn't. So be sure to let me know if something is not working for you, so that we can troubleshoot it and make it better!

Also, *be kind to yourself*! Don't be too hard on yourself if things aren't going as smoothly as you would like. This is a hard class – *plus, life is hard right now, too* – but this class is not impossible; it will just take quite a bit of time and effort on your part. Knowing that at the outset can help you plan and prepare for it.

Caveat:

This is the current plan for this course and is subject to change as the term evolves.